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* The routes of transportation systems included in this booklet are as of June 2025.



Kushiro **Kushiro Shitsugen National Park** The Kushiro Marsh is a wetland registered under the Ramsar Convention and Japan's largest wetland with an area of 28,000 ha. Blessed with diverse ecosystems, the park is particularly renowned as a habitat for the Red-crowned crane a Special Natural Monument.

Kushiro Marsh Observatory

This building, reminiscent of an old European castle, is full of information on the wetland and is surrounded by a boardwalk 2.5 km in circumference. Satellite Viewpoint located, in the middle section of the boardwalk, offers the best overlooking view west of the Kushiro Marsh. (The boardwalk is partially closed in

Access: Take Akan Bus, Tsurui Route, from JR Kushiro Station Bus Terminal (approx. 40min.) to Marsh Observatory Bus Stop TEL/FAX: 0154-56-2424





Satellite Viewpoint

This viewpoint sits along the nature boardwalk that begins at Kushiro Marsh Observatory. It offers visitors a close look at the vast landscape reminiscent of African grasslands. The area also has plenty of rest spots, including Aosagi (Grey Heron) Square and Tancho (Red-crowned Crane)

Onnenai Boardwalk

A wooden walkway with courses ranging from 500 m to 3 km in length. Choose one that best suits your needs and enjoy observing the wild birds and vegetation. What's more, the 2 km-course is wheelchair accessible. Since snow is not removed in winter, visitors can enjoy cross-country



Hosooka Viewpoint



This observatory is representative of the eastern portion of the wetland. It offers a spectacular view of the Kushiro River meandering through the wetland and the sun as it sets over the wetland with Mt. Oakan and Mt. Meakan in the

Access: Take Senmo Line from JR Kushiro Station (approx.15min.) to Kushiro Shitsugen Station, and walk for 10 min.

Norokko Train & SL Fuyu-no-Shitsugen Train





Activities





Canoeing

Traveling down the Kushiro River, which meanders through the marsh, you can experience the marsh in the same way as flora and fauna in the marsh do.



Winter Canoeing

You can enjoy canoeing year-round in Kushiro. Gaining particular popularity these days is canoeing in the serene wintry scenery of snow and ice. If you're lucky, you may even see Hokkaido sika deer and eagles.



Horseback riding

Let's trek through the surrounding area and deep in the wetland on horseback. With easy lessons, even beginners will feel comfortable with horseback riding.

Red-crowned Crane, the Symbolic Bird



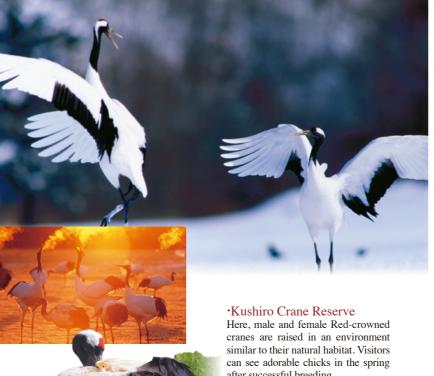
Reduced to a population of over a dozen, the Red-crowned crane became endangered as a result of indiscriminate hunting. Thanks to the conservation efforts of neighboring residents, however, the population has increased and the Red-crowned crane was designated as a Special Natural Monument in 1952. Currently, approximately 1,800 Red-crowned cranes live in East Hokkaido throughout the year. The largest bird in Japan, Red-crowned cranes are regarded as birds of love since, once they have found a mate, they remain in pairs for the rest of their lives and cooperate in bringing up their offspring.

Red-crowned Crane can be seen throughout the year.

Kushiro Zoo has the Red-crowned crane Protection and Propagation Center. In addition, Blakiston's fish owls, Steller's sea eagles and White-tailed sea eagles, which are all natural monuments, can also be seen here.

Access: Take Akan Bus, Refre Route or Akanhon-cho Route, from JR Kushiro Station Bus Terminal (approx.1hr.) to Dobutsuen (Zoo) Bus Stop

TEL/FAX:0154-56-2121 / 0154-56-2140



after successful breeding.

Access: Take Akan Bus, Akan Route, from JR Kushiro Station Bus Terminal (approx. 55 min.) to Tsuru Koen Bus Stop

TEL/FAX: 0154-56-2219 / 0154-56-2216

Red-crowned Cranes a gather in several hundreds in the following feeding grounds from mid November to early March

*The feeding period may vary depending on weather conditions and other circumstances.

·Kushiro Akan International Crane Center (GRUS)

Japan's only facility engaging in Red-crowned crane research, education and protection. The facility contains exhibits with commentaries, and Red-crowned cranes can be viewed there all year round in a semi-natural outdoor environment.

During the mid Nobember - early March period of feeding up to 150 wild Red-crowned cranes can be seen.

Access: Take Akan Bus, Akan Route, from JR Kushiro Station Bus Terminal (approx. 1 hr.) to Tancho no Sato Bus Stop

TEL/FAX:0154-66-4011/0154-66-4022

·Tsurumidai Plain

Access: Take Akan Bus, bound for Tsurui, from JR Kushiro Station Bus Terminal (approx. 1hr.) to Tsurumidai Bus Stop

·Tsurui/Itoh Tancho Sanctuary

Access: Take Akan Bus, bound for Tsurui, from JR Kushiro Station Bus Terminal (approx. 1 hr.) to Tsurui Mura Yakuba mae Bus Stop, and walk 15 min.

TEL/FAX:0154-64-2620/0154-64-2239

Special pass!

- Kushiro Marsh Observatory Kushiro Zoo Kushiro City Museum
- Kushiro Crane Reserve Akan International Crane Center

Cost: 1,030 yen

Cool KUSHIRO landmark

The Cool KUSHIRO landmark is a new photo spot at the foot of Nusamai Bridge. As you probably know, the word "cool" means both "moderately cold" and "attractive (slang)." This makes it the perfect term to describ Kushiro, where the maximum average summer temperature is about 21°C Like Nusamai Bridge, this landmark is illuminated from sunset until midnight, adding to the spectacle. Don't miss out on your chance to take cool photographs in front of this undoubtedly photo-worthy spot.



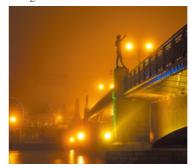
Strolling in Kushiro City

1.Nusamai Bridge

Nusamai Bridge is one of the top three bridges in Hokkaido, along with Toyohira Bridge in Sapporo and Asahi Bridge in Asahikawa. It is enveloped with white sea fogs in summer and colored red by the setting sun in autumn. 15-min. walk from JR Kushiro Station

Statues of the Four Seasons

Bronze statues symbolizing the four seasons of East Hokkaido, made by a sculptor representative of modern Japan, are standing on the rails of Nusamai





2.Kushiro Fisherman's Wharf MOO

Representing the waterfront of Kushiro, Fisherman's Wharf MOO consists of restaurants and shops. The wharf accommodates numerous souvenir shops and eateries ranging from large-scale restaurants and outdoor shop and food stalls at the port. (Minato no Yatai) 15-min. walk from JR Kushiro Station TEL: 0154-23-0600



3.Kushiro City Museum



Located at the edge of Lake Harutori, the Kushiro City Museum building is featured by its shape as a Red-crowned Crane spreading its wings. The museum offers information on the geography, history and climate

Access: Take Kushiro Bus, Route No. 2, 12, 16, 17, or 55, from JR Kushiro Station Bus Terminal (approx. 10 min.) to Shiritsu Byoin(City General Hospital) mae Bus Stop, and walk 5 min.

TEL/FAX: 0154-41-5809/0154-42-6000

Tottori Hyakunenkan (Tottori Centennial Museum)

This castle inspired by Tottori Castle was built by migrants from Tottori in commemoration of the 100th anniversary of their relocation. It is now used as a museum displaying heirlooms and materials on reclamation brought by the Ikeda clan of the Tottori Domain.

Access: Take Kushiro Bus, Route No.36 or No.38, from JR Kushiro Station Bus Terminal (approx.15min) to Tottori Jinja Bus Stop

4.Kushiro Lifelong Learning Center

(MANABOTTO NUSAMAI)



The Center's appearance is based on the image of a lighthouse. From the restaurant and the observation room on the 9th and 10th floor, you can enjoy not only a panoramic view of Kushiro City, but also the mountains in Akan and Cape Erimo in the distance. Access: 20 minute-walk from JR Kushiro Station TEL/FAX:0154-41-8181/0154-41-8182

5. Yonemachi Park

The Yonemachi Park area, overlooking the Port of Kushiro, is the birthplace of Kushiro City. On the opposite side of the park is Yonemachi Heritage Museum, the oldest wooden house in Kushiro City.



Kushiro Itsukushima Shrin



Autumn & Winter Special!



Lotus leaf-shaped ice formations

min.) to Coach & Four

Bus Stop





Shopping

Showa District

There is a large-scale shopping mall, and surrounding it are drug stores, toy stores and electric appliance shops.

Access: Take Kushiro Bus Route No.28,66,77 or 88 from JR Kushiro Station Bus Terminal (approx. 30 min.) to AEON SC(AEON MALL Kushiro Showa) Bus Stop



Featuring a shopping center with stores that carry brand names popular among young women, men's tailors and sporting goods retailers. Access: Take Kushiro Bus Route No.10.32.35.55.101 or 102 from JR Kushiro Station Bus Terminal (approx. 30

min.) to AEON Kushiro Bus

Kushiro-cho District

Harutori District With a shopping complex dealing in stationery, CDs,

DVDs and publications on a vast one floor as the core, there are also drug stores, fashion volume retailers and revolving sushi bars, and other restaurants. Adjoining the shopping complex is the Harutori Ice Arena, where you can enjoy ice skating. Access: Take Kushiro Bus Route No. 16.17 from JR Kushiro Station Bus Terminal (approx. 20



Soba

Many soba noodle shops in Kushiro serve green-colored soba noodles. This green color comes from mixing chlorella with white buckwheat flour, a characteristic unique to Kushiro.

Sushi

Sushi that uses fresh ingredients from Kushiro's port is exceptional. Sushi in Kushiro is touted as the best in Japan whether you eat it at an exclusive sushi restaurant or a conveyor





Hakodate ramen.

Sweets

major types of ramen noodles, along

with Sapporo, Asahikawa and

Kushiro has a wide variety of sweets, ranging from ice cream abundant in high-quality locally produced raw milk to cake made with local sake.











Locally-brewed sake "Fukutsukasa" was born out of the tasty waters in Kushiro and rice produced in Hokkaido.

mately 40 shops, Washo Market is considered to be the kitchen of the residents of Kushiro City. Crabs, salmon landed in Kushiro as well as processed seafood can be . bought here. In recent ye "Katte-Don (as you wish DON)" has been very pop among tourists. Access: 2 min.-walk from

JR Kushiro Stat

Catte-Do

variety of stores.

the food court, with your choice of sashimi (sliced raw seafood) from a



Robata

Kushiro is believed to be the cradle land of hearthside barbecue. Fresh seafood grilled over charcoal fire is delicious beyond expression.



Zangi

Deep-fried chicken is called "zangi" in Hokkaido. The people of Kushiro dip zangi into sauce, which is so simple in taste so that they can eat a

Akan

Akan-Mashu National Park

Akan-Mashu National Park features a rich natural landscape of primeval forests surrounding crater lakes that were formed by volcanic activities. This park is also renowned as a hot spring resort.

Lake Akan

Lake Akan is well known for its Marimo(moss ball), a Special Natural Monument. The lake is enjoyable throughout the year, with ice breaking in spring, mountains covered with verdure and mysterious blue lake surfaces in summer, beautiful leaves in autumn and numerous events on the thick frozen ice in winter.

Feel and experience the nature of Akan



Akankohan Eco-museum Center

An Akan Mashu National Park facility exhibiting materials on the natural environment of the Akan area and *marimo* (moss balls) from Lake Akan. The Center serves as a visitor showcase for the local region. TEL/FAX: 0154-67-4100 / 0154-67-2568



Special natural monument, marimo (moss balls)

Appreciate marimo, a special natural monument, by excursion boat. Lake Akan is the only site in the world where beautiful round marimo can be found living in clusters.

-7-



Lake Onneto

Onneto is a lake that looks like it is from a different world. Autumn leaves there are breathtakingly beautiful.

Access: Approx. 30 min. by car from Lake Akan

Bokke and the nature trail

Bokke, one of the volcanic vents created by a past eruption, is a small mud volcano. The Bokke area is complete with a nature trail, along which visitors can enjoy a panoramic view of the surrounding forests, lakes and mountains of Akan. On summer nights, visitors can also delight in experiencing Ainu myths through fantastic digital arts – Kamuy Lumina.





L W D D th

Traditional Ainu dance

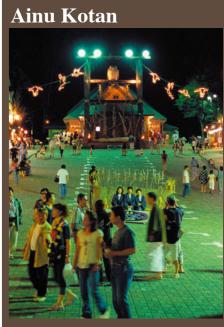
Lake Akan Ainu Theater < Ikor > Where traditional Ainu dance, Lost Kamuy and

Where traditional Ainu dance, Lost Kamuy and Dancing Under a Full Moon can be enjoyed at the Akanko Ainu Kotan.
TEL/FAX: 0154-67-2727 / 0154-67-2657



Lost Kamuy

This stage performance showcasing the coexistence between the Ainu people and wolves is produced by combining traditional dance, contemporary dance and digital art based on the teachings and legends of the Ainu, allowing visitors to experience the world view of the Ainu.



In the Ainu language, Ainu and Kotan mean a human being and a village, respectively. There are approximately 30 souvenir shops, standing side by side, where you can come in contact with the Ainu culture here.

Ainu cuisine







Lake Mashu Tourism Association

TEL:015-482-2200 FAX:015-482-1877





Activities Various activities to experience the magnificent nature around Mashu







-9-

Lake Mashu Star-watching Tour



網走国定公園 小清水原生花園 大空町 小清水町 標茶町 釧路市 北海道横断 自動車道(道東道) 釧路市

Map of East Hokkaido

道の駅「知床·らうす」 線斜里岳道立自然公園

霧多布岬 琵琶瀬展望台

中標津町

Simplified table of distances between major cities and towns

知床国立公園/

野付半島

別海町

道の駅「おだいとう」

野付風蓮道立自然公園

Estimated travel times listed below are calculated based on the average speed.

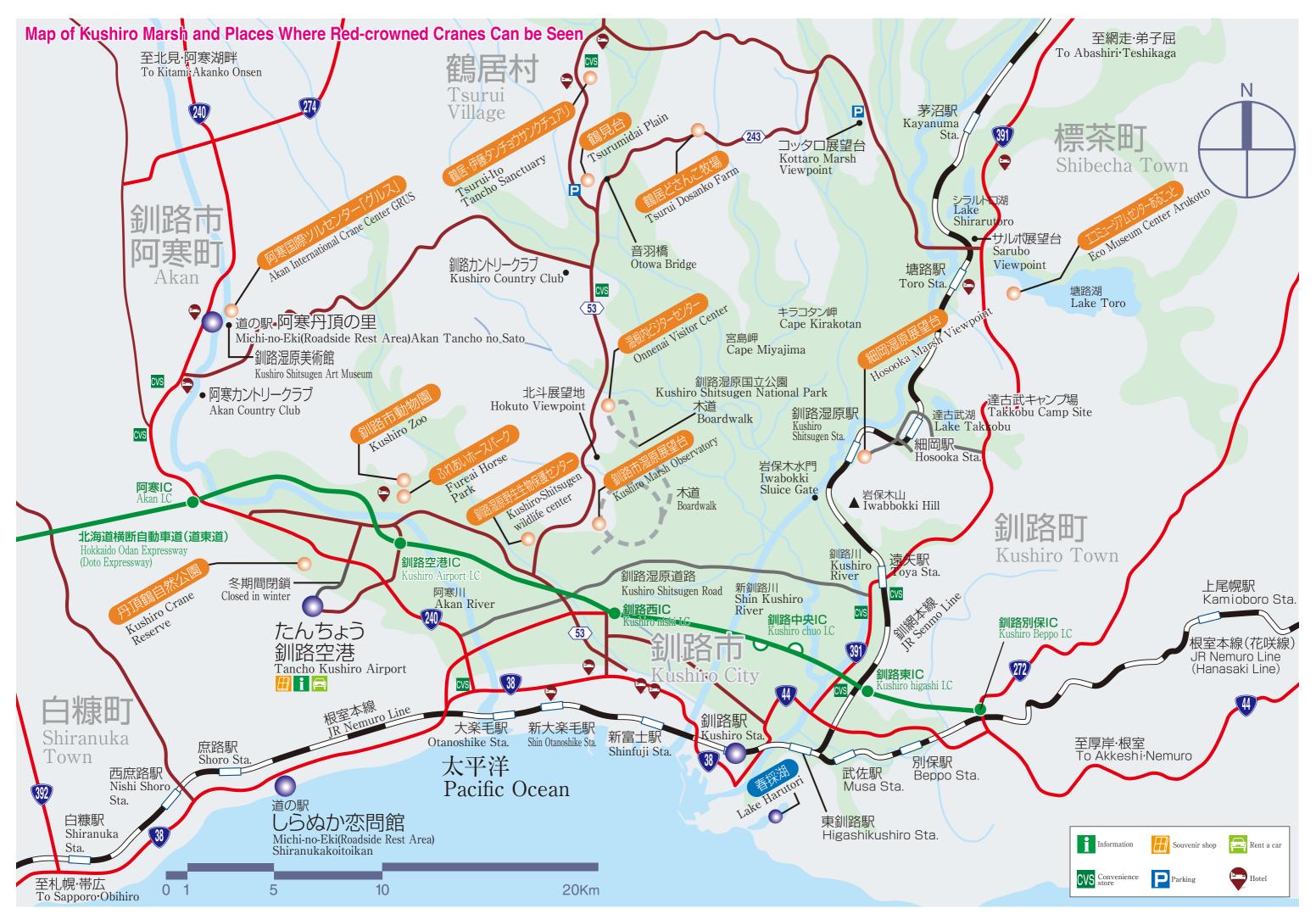
Mizu no Kamuy Tourism Area

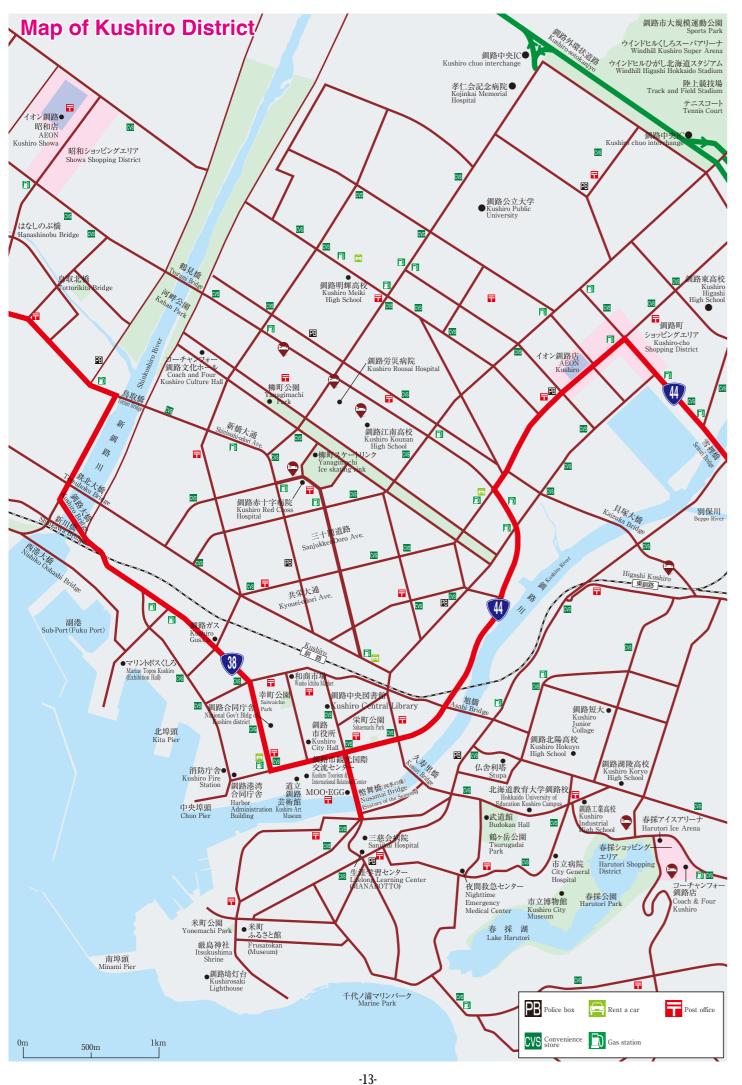
Located in Eastern Hokkaido and encompassing the Kushiro Shitsugen Wetland, Lake Akan and Lake Mashu, the Mizu no Kamuy Tourism Area is filled with vast and beautiful natural landscapes.



阿寒湖温泉 Akanko Onsen

-10-







-14-